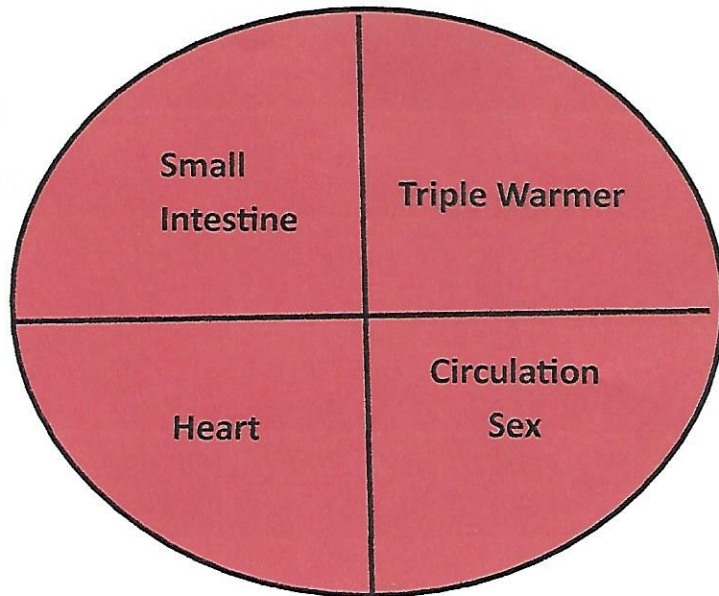
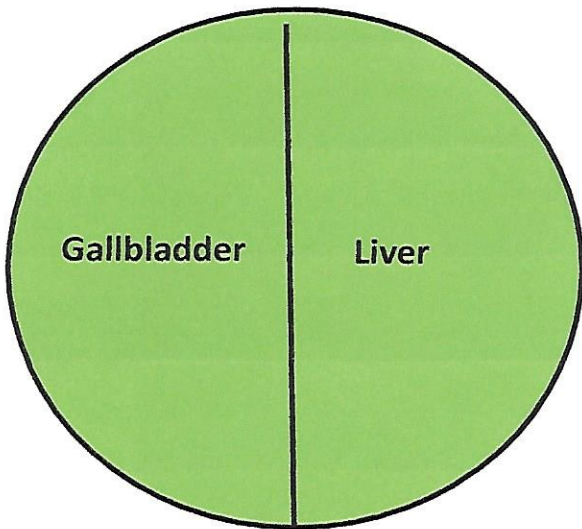


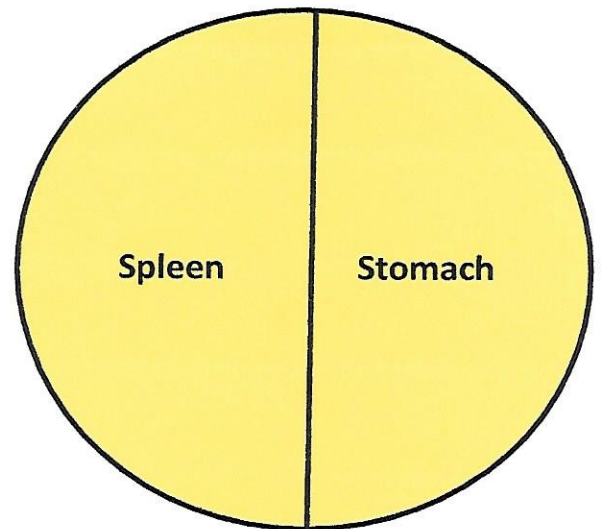
Fire



Wood



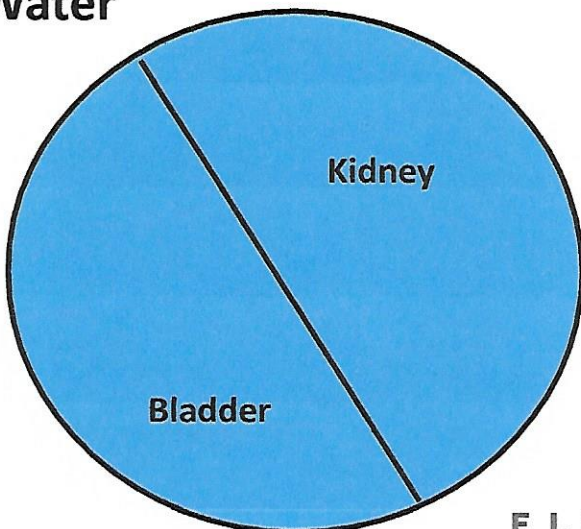
Earth



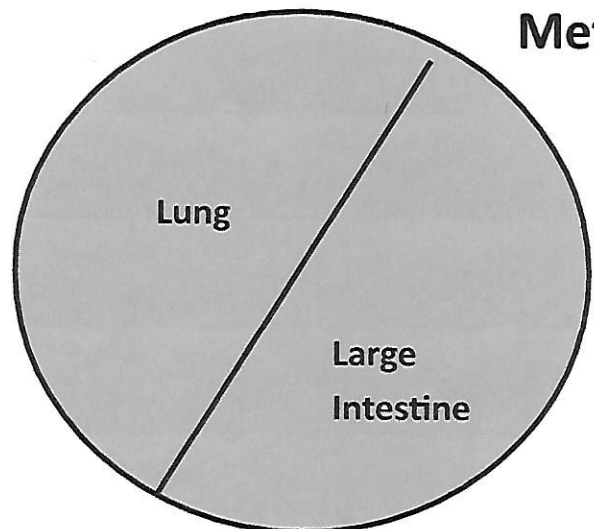
5

Elements

Water



Metal



FIRE

Positive:

Joy	Happiness	Love	Devotion	Passion	Pleasure
Peace	Creativity	Innovation	Synthesis	Enthusiasm	Engagement
Excitement	Discernment	Safety	Agreeable	Successful	Expansive
Inclusive	Sociable	Helpfulness	Eagerness	Cooperation	Willingness
Generosity	Assimilation	Full of Life	Forgiving	Security	Calm
Tranquility	Playful	Buoyant	Serving	Balance	Elation

Negative:

PANIC	Hysteria	Anxiety	Burnout	Apathy	Overwhelm
Fickleness	Agitation	Restlessness	Forgetfulness	Ditzy	Impulsive
Trivial	Irrational	Indiscreet	Lack of Commitment		Moody
Pleases	Unstable	Poor Focus	Poor Judgment		Distractedness
Need for Constant Stimulation and Novelty			Movement for its Own Sake		Betrayal
Forlornness	Feeling Lost	Heartache	Unrequited Love		Overjoy
Vulnerability	Poor Boundaries		Insecure	Unloved	Sour
Defeated	Bitter	Withholding	Selfish	Recklessness	Shock
Discouraged	Secretive	Insecure	Gloomy	Humiliation	Exhausted

EARTH

Positive:

Safety	Nourishing	Nurturing	Compassionate	Caring	Empathetic
Trust	Faith	Centeredness	Loving	Trustworthy	Supportive
Content	Forgiving	Reliability	Patient	Comfortable	Appreciative
Calm	Satisfaction	Worthwhile	Valued	Gratitude	Considerate
Harmony					

Negative:

WORRY	Meddling	Over-Involved	Bad Timing	Interfering	Static
Sluggish	Stagnation	Confusion	Clinging	Jealous	Envious
Resentful	Hoarding	Manipulative	Scorekeeping	Need to be Needed	
Sensitive to Criticism		Hard to Shift	Slaves to Tradition	Expectations	Need to Be Met
Disgust	Helplessness	Fear of Failure	Submissive	Irresponsible	Repulsive
Dissatisfaction	Peevish	Nauseated	Insolent	Rebellious	Upset
Feeling Insignificant		Uselessness	Betrayal	Feeling Worthless	
Pitifulness	Indifference	Disapproval	Brooding	Cynicism	Deprivation
Hunger	Greed				

METAL

Positive:

Release	Acceptance	Peace	Inspiration	Aspiration	Integrity
Excellence	Quality	Awe	Deep Understanding	Reverence	Discipline
Tenderness	Enlightened	Merciful	United	Clear	Involved
Supportive	Satisfied	Certain	Giving Solace	Friendly	Cheerful
Modesty	Openness	Appreciation	Release		

Negative:

GRIEF	Isolation	Alienation	Loneliness	Shame	Guilt
Judgmental	Rigid	Critical	Self-Righteousness	Controlling	Deadness
Disconnection	Sadness	Pessimism	Inability to Let Go	Hoarding	Haughty
Snobbish	Classist	Emptiness	Slave to Routine	Austerity	Dismissive
Disdainful	Reserve	Formality	Aloofness	Need to Be Right	
Systems Run Amok		Rejection	Discouragement	Defensiveness	Vengeful
Punishing	Forlorn	Cut Off	Blocked	Separate	Doubtful
Hungry	Left Out	Indignation	Contempt	Smothering	Stoic
Scornful	Prideful	Regretful	Apathetic		

WATER

Positive:

Courage	Faith	Hope	Imagination	Clear Focus	Wisdom
Beginnings	Depth	Quiet	Patience	Conservation	Reflection
Poetry	Curiosity	Rest	Assurance	Contemplation	Refreshed
Cleansed	Bold	Fulfilled	Productive	Usefulness	Renewal
Steadfastness	Affectionate	Mildness	Understanding	Cautious	Resourceful

Negative:

FEAR	Exposure	Shame	Paranoia	Apprehension	Inadequacy
Despair	Hopelessness	Futility	Apathy	Procrastination	Negativity
Gloom	Depression	Anxiety	Suspicion	Hypochondria	Tactlessness
Absence	Whining	Withdrawal	Overwhelm	Addiction	Blaming
Dread	Horror	Unsupportive	Wishy-Washy	Embarrassment	Long-Suffering
Shyness	Waste	Disheartened	Weariness	Disloyalty	Intolerance
Misjudgment	Distortion	Guilt	Restlessness	Phobia	Obsession
Insecurity	Superstitious	Carelessness	Recklessness	Disloyalty	

WOOD

Positive:

Self-assertion	Generosity	Confidence	Kindness	Good Boundaries	Leadership
Clarity	Efficiency	Accomplishment		Dependability	Truthfulness
Trust	Power	Competence		Motivated	Forbearing
Humility	Pride	Transformative		Responsibility	

Negative:

ANGER	Rage	Judgment	Frustration	Impatience	Shame
Aggression	Expediency	Inflexibility	Skepticism	Workaholism	Tension
Speed for its Own Sake		Poor Self Esteem		Blaming	Bitterness
Hatred	Resentment	Aggravation	Indecision	Take for Granted	Incapable
Coercion	Indignation	Boredom	Arrogance	Irritability	Hostility